

Helpful Learning Activities for Infants 1-4 Months Old

Focus on: *Social-Emotional Development*

Continued Communication.

Talk softly to your baby when feeding him, changing his diapers, and holding him. He may not understand every word, but he will know your voice and be comforted by it.



Taking A Look in the Mirror

Place a shatterproof mirror close to your baby where she can see it. Start talking, and tap the mirror to get her to look. The mirror will provide visual stimulation. Eventually your baby will understand her reflection.